



First Ladies Health Initiative

Sponsored by *Walgreens*

www.firstladieshealth.com

2017-18 Membership Criteria

We are excited to welcome you to the Los Angeles & Orange Counties as well as surrounding cities of the First Ladies Health Initiative sponsored by Walgreens. Having you on board means yet another opportunity to inform the Greater Los Angeles community about the importance of good health care management and awareness, but more importantly, to initiate services that can and have saved lives. As you consider joining our team of First Ladies here in Los Angeles, there are a few criteria that we would like for you to consider.

Minimal Membership Criterion:

Beginning in 2018, churches participating in the annual FLHI event must have a minimum congregational count of at least 250 attendees in attendance on a given Sunday in order to receive independent services from our contracted health care providers. Churches with less than 250 attendees may cluster with other nearby churches to achieve this minimum requirement. The FLHI Membership Team is available to assist with clustering efforts as determined necessary for annual health day services.

Other Membership Criteria:

- **Host 2 Health Driven Events Per Calendar Year**

In addition to our annual health day, each church is required to host at least 2 additional health driven events per calendar year to continue the goal of raising awareness regarding healthy living. These events may include but are not limited to informational lectures on a specific health concern or cause, nutrition classes and/or informationals, exercise classes (aerobics, Zumba, yoga, etc.), brochures and/or other literary information, video presentations, etc. These hosted events should be made available to your congregations as well as the surrounding community and/or communities at large.

- **Attend At Least 2 of 4 Annual Meetings Per Year**

The FLHI hosts pre/post meetings throughout the year and surrounding the annual health day. These meetings are held in an effort to ensure that you remain informed and updated on all new and incoming information regarding pertinent events, new findings and information. We request that either the First Lady or her representative Ambassador be present at these information-driven meetings.



2017-18 Membership Criteria cont.

- **Representation On All Conference Calls**

Group conference calls are yet another fast and effective way for us to stay in touch and provide time sensitive information to all. Conference calls are necessary a few times a year; particularly as we approach the annual health day. A conference call-in number and pin will be provided to you via email to access the conference. In an effort to keep everyone in-the-loop, it is required that either the First Lady or her designated representative Ambassador be present on all conference calls.

- **2 Ambassadors Required**

Each First Lady is required to assign at least 2 Ambassadors to assist her in the automation of all services on Health Day and subsequent days leading up to the event. Further information will be provided regarding the duties and expectations of an Ambassador.

Requested But Not Required:

- It is understood that the life of a First Lady is busy and often times complex on many levels to say the least. Having another woman in your corner that truly understands you, your position and the unique struggles that come along with your role in ministry is invaluable. With that, mutual relationships may be vital to ensure that you are not existing on an isolated island alone. In an effort to continue to build upon the strength of the camaraderie and on relationships that are currently being established, we ask that First Ladies make a pointed effort to participate and attend the various social and ministry events of other First Ladies as opportunity and time permits throughout the year.

Again, we are excited and blessed to have you on board and look forward to saving lives together!

The Membership Team of the FLHI